

Enablex: Patient Information

PLEASE NOTE: This is for guidance only. The full patient information will be in the pack of Enablex that you will receive from the pharmacist.

1. WHAT ENABLEX* IS AND WHAT IT IS USED FOR

ENABLEX* (darifenacin) is used for the treatment of overactive bladder (OAB). The symptoms can be:

- an urge to rush to the toilet, needing to go to the toilet frequently;
- not getting to the toilet in time and wetting yourself.

Do not take ENABLEX*:

- if you are hypersensitive (allergic) to darifenacin or any of the other ingredients of ENABLEX*;
 - if you have difficulties in urinating due to a bladder blockage;
 - if you have problems emptying the contents of the stomach (gastric retention);
 - if you suffer from high pressure in the eyes with gradual loss of eyesight (uncontrolled narrow-angle glaucoma).
- If any of these apply to you, tell your doctor before you take ENABLEX*.

Take special care with ENABLEX*:

- if you have difficulties in passing urine and a poor stream of urine;
 - if you have severe constipation;
 - if you have an obstructive blockage of the stomach or the intestine;
 - if you are receiving treatment for narrow-angle glaucoma;
 - if you have any liver problems.
- If any of these apply to you, tell your doctor before you take ENABLEX*.

2. TELL YOUR DOCTOR IF

- You are pregnant, or think you may be pregnant.
 - ENABLEX* should not be used during pregnancy unless clearly necessary.
 - Your doctor will discuss with you the potential risks of taking ENABLEX* during pregnancy.
- You are breast-feeding and ask him for advice.
 - ENABLEX* should be taken with caution while breast-feeding. ENABLEX* may pass into breast milk and thus pass to the baby during breast-feeding.
- You have liver problems.
 - In patients with moderate liver problems, the daily dose of ENABLEX* should not exceed 7.5 mg.
 - ENABLEX* is not recommended for use in patients with severe liver problems.
- You are taking other medicines with ENABLEX*.
 - Tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including herbal or non-prescription medicines. Some medicines may interact with ENABLEX*.

3. HOW TO TAKE ENABLEX*

- Always take ENABLEX* exactly as your doctor has instructed you. Take ENABLEX* tablets once a day, at about the same time each day.
- The tablets may be taken with or without food, and should be swallowed whole and not chewed, divided or crushed.
- You should check with your doctor or pharmacist if you are unsure. If you have the impression that the effect of ENABLEX* is too strong or too weak, talk to your doctor or pharmacist.
- Your doctor will tell you how long your treatment with ENABLEX* will last. Do not stop treatment early because you do not see an immediate effect. Your bladder will need some time to adapt. Finish the course of treatment prescribed by your doctor. If you have not noticed any effect by then, discuss it with your doctor.

4. POSSIBLE SIDE EFFECTS

- Like all medicines, ENABLEX* can have side effects. Those caused by ENABLEX* are usually mild and temporary.
- ENABLEX* may cause the following: dry mouth, constipation, headache, abdominal pain, indigestion, nausea, dry eyes.
- Check with your doctor or pharmacist if you have any bothersome or unusual effects while taking ENABLEX*, or if you notice any other side effects not mentioned in this leaflet.